

Salads

Chopped Salad - \$6.80

Mixed greens with avocado, blue cheese, tomato, bacon and egg

Chicken Caesar - \$6.50

Seared chicken, garlic croutons and shaved parmesan

Chicken Vegetable Salad - \$6.80

With chicken breast, tomato, cucumber, carrots, red peppers and red onion.

***Vegetarian option available - exchange cheese for chicken**

Soups

**Soups are always made from scratch
Please check with us for today's selection.**

\$3.75/sm - \$4.75/lg

Main Events

Grilled Pork Tenderloin - \$8.50

Served with grilled pineapple salsa and black beans

Marinated Flank Steak - \$8.99

Served with grilled vegetables and garlic bread

Chicken, Pasta & Vegetables - \$7.25

Pasta with asparagus, spinach, roasted tomatoes, chicken and parmesan

Pasta & Vegetables - \$6.50

Pasta with asparagus, spinach, roasted tomatoes and parmesan

Sandwiches & Wraps

(Served with Kettle Chips, Vegetable Kettle Chips or a side salad)

Southwestern Chicken Sandwich - \$6.99

Chicken breast with chipotle mayo, pepper jack cheese, and red peppers

Roasted Turkey Sandwich - \$6.99

Monterey Jack, applewood bacon, avocado, pesto mayo, romaine & whole grain ciabatta

Ham & Cheese Sandwich - \$6.99

Bone-in ham & Colby Jack cheese served on grilled garlic ciabatta

Italian Wrap - \$6.50

Chicken breast, pesto mayo, fontina cheese, caramelized onions, peppers and romaine

Mexican Wrap - \$6.50

Chicken breast, pepper jack cheese, chipotle mayo, fresh salsa and romaine

Asian Wrap - \$6.85

Teriyaki flank steak, garlic aioli, grated carrots, baby greens and ginger dressing

Veggie Wrap - \$5.99

Garlic aioli, fontina cheese, roasted tomato, peppers, caramelized onion, parmesan & romaine

Kid's Special - \$4.50

Grilled cheese made with Colby Jack cheese

Desserts

Vanilla Ice Cream with chocolate syrup and sprinkles - \$2.50

Freshly baked goods including muffins, cookies, biscotti and more